Introduction

The Mental Health Association (MHA) continued its strong focus on the recovery, safety and mental health needs of consumers and their families in fiscal year 2023. MHA exceeded its service and quality expectations while remaining in a strong financial position. The agency operated in a financially sound manner while advancing its mission of providing services to individuals and their families regardless of their ability to pay.

MHA continued to focus on innovative service delivery, emphasizing wellness and recovery:

- MHA remains CARF Accredited at the highest level as a result of the successful triennial survey.
- MHA secured a multi-million dollar grant to be the New Jersey Statewide Student Support Services provider for Morris and Sussex County.
- The agency advanced its strategic plan, highlighted by implementing a pilot program, funded by the Division of Mental Health and Addiction Services, to provide clinical evaluation and case management services to individuals who are justice system involved in Essex County.
- MHA purchased a 23,500 square foot building in Parsippany to act as our Morris campus, serving the Northern New Jersey area.
- The agency implemented the Sussex County Early Intervention Support Services program (a psychiatric urgent care service).
- Working with the City of Perth Amboy, MHA became the sub-recipient of a federal Department of Justice grant to provide co-responding services with the Police Department to serve residents with mental illness who interface with the legal system.
- MHA met the service needs of the community via its counseling, case management, partial hospitalization, supported employment, criminal justice, educational, supportive housing, therapeutic jurisprudence, faith-based, consumer advocacy, school-based, suicide prevention services and family and children's programs. All services are culturally competent to the diverse communities we serve.

Raising mental health awareness was the centerpiece of MHA's performance for fiscal year 2023. MHA provided over 200 community presentations on a range of mental health and addiction recovery topics throughout Northern New Jersey. Suicide Prevention was the most common raising awareness activity with presentations to schools, colleges, community groups and houses of worship.

Advocacy, on behalf of individuals with mental illness and their families, was a continued interest in fiscal year 2023. Led by the Board's Advocacy Committee and senior staff, the agency was instrumental (working with other community partners) in securing an increase in the State budget for direct care staff. The agency advocated strenuously for improving the conditions at Greystone Park Psychiatric Hospital. MHA advanced its advocacy efforts with two Legislative Breakfasts attended by over 500 people and broadcast live via the internet. Participants included numerous elected officials from the Federal, State and County level. Staff and Board advocated in Newark, Trenton and Washington, D.C. for legislation, mental health funding and the care of individuals with mental illness and those with addictions.

The environment of care is in excellent condition. The agency continues to replace vehicles, as needed, and appropriately maintain the physical plant. Consumer, family and provider satisfaction surveys indicate a high level of satisfaction with MHA and its services.

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Robert N. Davison, Chief Executive Officer