



# ESSEX COUNTY DIRECTORY *of* BASIC SUPPORTS *for* MENTAL HEALTH CONSUMERS

## AGING

- Aging in Montclair  
973-707-5088
- COPSA Alzheimer's Institute  
800-424-2494
- Essex County Division of Senior Services  
973-395-8365
- Newark Beth Israel - Geriatrics  
973-926-8491
- Nursing Service of Montclair  
973-509-4975
- Pharmaceutical Assistance (PAAD)  
800-792-9745

## AIDS

- AIDS Resource Foundation for Children  
973-643-0400
- Hyacinth Foundation  
732-246-0204

## CASE MANAGEMENT

- Integrated Case Management Services - MHA  
973-676-9111
- Mt. Carmel Guild Case Management Services  
973-522-2100

## DOMESTIC VIOLENCE

- Clara Mass Medical Center  
973-759-2154
- Essex County Family Justice Center  
973-230-7229
- Family Connections - Dreams  
973-675-3817
- Family Service League  
973-746-0800
- La Casa de Don Pedro - Family Violence Prevention  
and Counseling  
973-483-2703
- National Domestic Violence Hotline  
800-799-7233
- Real House Inc.  
973-746-2400
- The Rachel Coalition by Jewish Family Service  
of MetroWest New Jersey  
973-746-2131

## EATING DISORDERS SERVICES

- Overeaters Anonymous Info. Line  
201-528-3398
- National Eating Disorder Help Line  
800-931-2237
- Renfrew Center of Northern NJ  
877-357-8568

## EMERGENCY ROOM SUPPORT

- Project F.ER.S.T. (Family Emergency Room Support Team - MHA)  
973-342-8793

## FINANCIAL ASSISTANCE

- Essex Division of Welfare  
973-395-8000
- Food Stamp Program, Newark  
973-733-3000
- Social Security Administration  
800-772-1213

## FOOD

- Bethany Baptist Church Of Jamaica -  
Food Distribution Center  
973- 673-7468
- Church of The Eternal God  
973-460-9334 / 973-483-1189
- Deeper Christian Ministry  
973- 489-75250
- East Orange Community Development Corporation  
973-266-5315 ext. 11
- Grace Pointe Seventh-Day Adventist Church  
973-746-1911
- House of Mercy Mission  
973-642-6226
- Human Needs Food Pantry  
973-746-4669
- Joi's Angels - Inner-city Emergency Services  
973-395-4348
- Newark Emergency Services  
973-639-7620
- St. James Social Service Corporation  
973-624-4007
- The Salvation Army - East Orange  
973- 672-0262 / 973-266-1488

## HEARING IMPAIRMENT

- ACCESS Deaf Services at St. Joseph's Medical Center  
973-754-5595 / Video Phone: 973-870-0683
- Bruce Street School for the Deaf  
973-705-3800
- DIAL, Inc.  
973-470-8090 / Toll-free: 866-277-1733 / Video Phone: 973-556-0226
- Division of the Deaf and Hard of Hearing  
800-792-8339 / ddhh.communications2@dhs.state.nj.us
- The New Jersey Department of Human Services Division of the Deaf and Hard of Hearing (NJ DDHH)  
609-588-2648 / Fax: 609-588-2528
- Lake Drive School for the Deaf  
973-299-0166

## HOMELESS ASSISTANCE

- Better Life Community Wellness Center  
862-229-1400
- Interfaith Hospitality Network  
973-746-1400
- Isaiah House  
973-678-5882
- Newark Homeless Health Care  
973-733-2480
- Projects for Assistance in Transition from Homelessness (PATH - MHA)  
973-842-4127
- Project Live PATH Program - Newark Only  
973-481-1211
- Salvation Army, Montclair  
973-744-3312

## INFORMATION AND REFERRAL

- Mental Health Association of Essex and Morris  
973-509-9777
- New Jersey Mental Health Cares  
866-202-HELP

## INPATIENT PSYCHIATRIC SERVICES

- Care Well Health  
973-266-8440
- Clara Mass Medical Center  
973-450-2000

- Essex County Hospital Center  
973-571-2800
- Greystone Psychiatric Hospital  
973-538-1800
- Newark Beth Israel  
973-926-7000 / 1-800-300-0628
- St. Michael's Medical Center  
1- 833-310-1588
- University Behavioral Health Care at Newark (Rutgers Health)  
973-972-1431

## INTELLECTUAL DISABILITY

- ARC of Essex  
973-535-1181
- Jewish Services for the Developmentally Disabled  
973-272-7148
- NJ Division of DD  
609-633-1482
- Learning Disability Assoc.  
732-645-2738

## LEGAL SERVICES

- Community Health Law Project  
973-680-5599
- Education Law Center  
973-624-1815
- Essex Legal Services  
973-624-4500
- Legal Services of NJ, Hotline  
888-576-5529

## LGBTQIA+

- EDGE NJ  
973-285-0006
- Garden State Equality  
973-509-5428
- Healthy Transitions  
908-647-1688
- Kaleidoscope  
844-657-7476
- Trans Affirming Alliance  
973-744-2980 / info@transaffirmingalliance.org
- The Pride Center of New Jersey  
732-846-2232 / info@pridecenter.org

- The Trevor Project  
Text 'START' to 678-678 / 1-866-488-7386

## MEDICAL EMERGENCY ROOMS

- Care Well Health  
973-672-8400 ext. 3 / 973-266-4478
- Clara Mass Medical Center  
973-450-2100
- Cooperman Barnabas Medical Center  
973-322-5000
- Hackensack Meridian Mountainside Medical Center  
973-429-6000
- Newark Beth Israel Medical Center  
973-926-7240
- St. Michael's Medical Center  
973-877-5000
- University Hospital  
973-972-5123

## MOBILE PSYCHIATRIC CRISIS RESPONSE

- Clara Mass Medical Center  
973-676-9111
- Newark Beth Israel Medical Center  
973-926-7444
- PerformCare - NJ Children's System of Care  
1-877-652-7624
- University Hospital  
973-623-2323

## OUTPATIENT MENTAL HEALTH SERVICES

- Airmid Counseling Services  
973-678-0550
- The Bridge  
973-228-3000
- Bridgeway Rehabilitation Services  
973-755-0275
- Care Well Health  
973-414-6827 / 973-221-8481
- Center for Behavioral Health (MHA)  
973-509-9777
- Family Connections  
973-675-3817

- Hackensack Meridian Mountainside Medical Center  
973-429-6000
- Irvington Counseling Center  
973-399-3132
- Main St. Counseling Center  
973-736-2041
- Mt. Carmel Guild  
973-596-4190
- Newark Beth Israel Medical Center  
973-926-7026
- Northwest Essex Community Healthcare  
973-450-3100
- Nutley Family Service Bureau  
973-667-1884
- Rutgers University Behavioral Health Care  
800-969-5300
- University Behavioral Health Care at Newark (Rutgers Health)  
973-972-1431

## PARTIAL CARE/DAY TREATMENT SERVICES

- Airmid Counseling Services  
973-678-0550
- Care Well Health  
973-414-6827 / 973-221-8481
- Community Psychiatric Institute  
973-673-3342
- Fedcap Aspirations  
973-325-1200
- Hackensack Meridian Mountainside Medical Center  
973-429-6000
- Mt. Carmel Guild  
973-596-4100
- New Essexcare Behavioral Health  
973-414-0091
- Northwest Essex Community Healthcare  
973-450-3100
- Prospect House (MHA)  
973-674-8067
- Rutgers University Behavioral Health Care  
800-969-5300

## PEER SERVICES

- Mental Health Association of NJ  
800-367-8850

- Peer-to-Peer Support Line (MHA)  
1-877-760-4987 / 1-866-445-3902 / 1-800-381-2059

## RESIDENTIAL SERVICES

- Angel Hope House  
973-373-6800
- Community Support Services (MHA)  
973-509-3777
- Easter Seals Essex Housing Program  
855-215-4541
- Essex County Division of Welfare  
973-680-0316
- Project Live  
973-481-1211

## SUBSTANCE ABUSE SERVICES

- Airmid Counseling Services  
973-678-0550
- Alcoholics Anonymous  
800-245-1377
- Cooperman Barnabas Medical Center  
800-300-0628
- CURA Newark  
973-662-3570
- East Orange Substance Abuse  
973-266-5200
- Hackensack Meridian Mountainside Medical Center  
973-429-6000
- Integrity House  
973-623-0600
- Mt. Carmel Guild  
973-596-3854
- National Institute of Drug Abuse  
800-662-HELP
- Oaks Integrated Care  
973-783-6655
- St. Michael's Medical Center  
973-877-5000
- Turning Point  
973-239-5623
- VA Alcoholism Treatment  
973-676-1000

- Veteran's Administration  
973-676-1000

## SPANISH SPEAKING SERVICES

- Focus Wellness Center  
973-732-6040
- Iron Bound Community Center  
973-465-0555
- La Casa De Don Pedro  
973-483-2703 / 973-624-4222
- Rutgers University Behavioral Health - Early Intervention Services  
973-972-6100

## SUPPORT AND PREVENTION HOTLINES

- Abuse Prevention Hotline (Parents Anonymous)  
1800-THEKIDS
- Addiction Hotline of New Jersey  
800-322-5525
- National Suicide Prevention Lifeline  
988
- Runaway Hotline  
800-RUNAWAY

## SUPPORT FOR FAMILIES

- Family Support Organization  
973-395-1441
- Intensive Family Support Services (MHA)  
973-509-9777
- National Alliance for Mentally Ill (NAMI)  
862-297-0835
- Newark Emergency Services for Families  
973-639-2100
- Statewide Parent Advocacy Network  
973-642-8100

## SUPPORT GROUPS

- Comfort Zone (MHA)  
973-509-9777
- DBSA First Congressional Church  
888-829-2483
- NAMI Essex & Passaic  
862-297-0835
- New Jersey Self-Help Clearinghouse  
800-367-6274

- "Thursdays" at (MHA)  
973-509-9777

## TRANSPORTATION

- Access Link  
973-491-4224
- DEPARTMENT OF CITIZEN SERVICES  
973-395-8400
- Division of Family Assistance and Benefits  
973-395-8000
- Essex County Office on Aging  
973-395-5858 / 973-395-8418
- Essex County Special Transportation Services Program  
973-618-1280
- ModivCare  
866-527-9933
- Rail Information  
973-275-5555
- NJ Transit Reduced Fare Card  
973-467-7600 (62+ or disbaled without Medicare card)
- NJ TRANSIT Vanpool Sponsorship Program  
973-491-8569

## VETERANS

- Paterson VA Clinic  
973-247-1666
- VA Alcoholism Treatment  
973-676-1000 / ext. 1150 / 1158
- VA Hospital, East Orange  
973-676-1000
- Veteran Crisis Line  
1-800-273-8255

## VOCATIONAL SERVICES

- Family Justice Center  
973-230-7229
- Jewish Family Services  
973-740-1233
- Jewish Vocational Service  
973-674-6330
- NCJW Center for Women  
973-994-4994
- NJ Vocational Rehab- Newark  
973-648-3494

- Occupational Center of Essex  
973-622-6699
- Supportive Employment Services (MHA)  
973-395-1000
- West Essex Rehab Center  
973-744-7733

## YOUTH SERVICES

- The Bridge  
973-228-3000
- Division of Child Protection & Permanency  
877-652-2873
- Early Intervention Support Services  
800-969-5300
- FOCUS  
973-624-2528
- La Casa de Don Pedro  
973-483-2703
- MHA Teen Connect  
1-888-866-6054 / Text: 973-791-5700
- Newark Beth Beth Israel Children and Adolescent Services  
973-926-7026
- NJ Children's System of Care-PerformCare NJ  
877-652-7624
- Riskin Children's Center (MHA)  
973-509-9777
- Youth Consultation Service  
973-482-8411
- Youth Development clinic of Newark  
973-623-5080



### MENTAL HEALTH ASSOCIATION

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Montclair, NJ 07042  
Tel: 973-509-9777  
Fax: 973-509-9888  
E-Mail: [info@mhainspire.org](mailto:info@mhainspire.org)  
[www.mhainspire.org](http://www.mhainspire.org)

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