

MORRIS COUNTY DIRECTORY of **BASIC SUPPORTS**

for

MENTAL HEALTH CONSUMERS

CRISIS INTERVENTION

- Chilton Memorial Hospital Psychiatric Emergency Service 973-831-5078
- Family Intervention Services Crisis, 973-627-2317
- Morristown Medical Center Crisis Intervention 973-540-0100/973-383-0973
- Jersey Battered Women's Service Crisis Hotline 973-267-4763
- Morris County Sexual Assault Center Hotline 973-829-0587
- National Suicide Prevention Lifeline 800-273-8255
- Saint Clare's Hospital Psychiatric Emergency Service 973-625-6150 - 24-hour hotline 973-625-6160
- Saint Clare's Wellness & Recovery Center 973-625-0096
- Crisis Text Line Text 741741
- Suicide and Crisis Hotline 988
- NJ Hopeline, 855-654-6735

INFORMATION & REFERRAL

- Child & Family Resources, 973-398-1730 (child care I&R) NJ 2-1-1 • 877-652-1148 (gen. I&R)
- Mental Health Association 973-334-3496 (mental health I&R/outreach)
- Morris County ADRC 800-564-4656 (senior I&R) and 877-222-3737
- Morris County Prevention is Key 973-625-1998 (substance abuse I&R)
- NJ Mental Health Cares 866-202-4357 (mental health I&R)
- NJ Self-Help Group Clearinghouse 800-367-6274 (self-help group I&R)
- Morris County Office for the Disabled 973-285-6855
- Morris County Office of Temporary Assistance 973-326-7800
- Jersey Battered Women's Service (JBWS) 24-hour helpline and referral 877-782-2873: TTY 973-314-4192
- Ricky's Compass 973-590-6058 (Families of Suicide)
- SPAN Parent of Special Needs Children 973-642-8100 • toll free in NJ 800-654-7726
- National Alliance on Mental Illness (NAMI NJ) 732-940-0991

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2-1-1 HOMELESS SERVICES ACCESS POINTS

Morris County Office of Temporary Assistance, Dover 973-326-7860/Morristown, 973-326-7800 Homeless Solutions, Morristown, 973-993-0900 Jersey Battered Women's Service Emergency Shelter: 24-hour Helpline and referral 877-782-2873; TTY 973-314-4192; Admin office 973-267-7520 Market Street Mission 973-538-0431 (males only) Hope One Mobile Services, 973-590-0300 Navigating Hope, 973-829-8220 PATH-MHA Homeless Case Management 973-334-3496 Office of Temporary Assistance, 973-326-7800

COUNSELING/SHORT TERM TREATMENT

Atlantic Behavioral Health Services/ Morristown Medical Center/Overlook 888-247-1400 St. Joseph's Hospital ACCESS, Paterson (deaf and hearing im-973-754-5595 or 973-870-0683 (Videophone) Center for Evaluation and Counseling, Inc. (CEC) Parsippany - 973-829-6960 • Madison - 973-845-6602 Cornerstone Family Programs, 973-538-5260 Edge NJ, 973-285-0006 Hope House, Dover, 973-361-5555 Jewish Family Services, Florham Park 973-765-9050 Mount Olive Counseling Center 973-584-6700 Newbridge Services, Montville 973-316-9333 (Northeastern Morris & parts of Passaic County) Newbridge Services, Parsippany 973-316-9333/toll free 888-746-9333 North Jersey Counseling Centers for Mental Health and Spiritual Health, Randolph 973-252-5120 Pathways Counseling Center, Pompton Lakes 973-835-6337 Saint Clare's Behavioral Health, Parsippany/Denville 888-626-2111 Acenda Integrated Health, 844-422-3632

- Ascend Treatment & Wellness Center 862-781-6141
- Morris Cares Sexual Assault Survivors: Counseling and Advocacy 973-971-4754

PARTIAL CARE/DAY PROGRAMS

- Atlantic Behavioral Health Services/Morristown Medical Center 888-247-1400
- Community Care Behavioral Health, Morris Plains 973-540-9550
- NewBridge Services, Pompton Plains 973-316-9333 / toll free 888-746-9333
- Overlook Hospital, Summit 888-247-1400
- Saint Clare's Behavioral Health, Morris Plains 973-267-2198
- Saint Clare's Transitions Program 973-298-8642 or 888-626-2111

SUBSTANCE USE DISORDER

- Acenda Integrated Health, 973-539-5764
- Addictions Hotline, 800-238-2333
- Alcoholics Anonymous, 800-245-1377
- Atlantic Behavioral Health Services/Morristown Medical Center 888-247-1400
- Ascend Treatment & Wellness Center 862-781-6141
- Bergen Regional Medical Center, Paramus 800-730-2762
- CARES Rockaway, 973-625-1143
- Hope One, 973-590-0300
- Morris County Aftercare Center 973-927-6641 (methadone treatment)
- Morris County Addictions Services Administrator 973-285-6867
- Substance Use Recovery & Empowerment Program (SURE) at the Mental Health Association 973-334-3496
- Midway House, 973-453-6747
- Narcotics Anonymous, 800-992-0401
- Redefine Recovery (counseling and medicated assisted treatment) 973-949-3777
- Willow Tree, 973-682-8733
- NewBridge Services Substance Abuse Alternative 973-316-9333 (outpatient services)

- New Hope Foundation, Marlboro 732-946-3030 or toll free 800-705-4673
- Pyramid Healthcare (Medicaid Rehab) 609-359-0395

SUBSTANCE USE DISORDER

- Saint Clare's Behavioral Health Detox 888-626-2111
- Step Ahead 973-927-9555 (nicotine dependence)
- Sunrise House, Lafayette 973-447-3720
- The Milestone House 973-442-4600
- Turning Point, Paterson 973-239-9400

MEDICAL/DENTAL

- Dentistry for the Disabled, Mountainside Hospital, Montclair 973-429-6887
- Donated Dental Services NJ Foundation of Dentistry for Persons with Disabilities, West Long Branch 732-549-8909
- Donated Dental Services Northern NJ 973-967-9171
- Family Health Center of Morristown 973-889-6800
- Medicaid Information 973-326-7800 or 877-589-2556
- Medicare Information 800-772-1213
- Morristown Medical Center Dental Clinic 973-971-5442
- Morristown Medical Center Medical Clinic 973-889-6800
- NJ Family Care, Trenton 800-701-0710
- PAAD, Pharmaceutical Assistance to the Aged and Disabled Program 800-792-9745
- RX4NJ (Partnership for Prescription Assistance) 888-793-6765
- UMDNJ, Newark 973-972-4242 (dental care)
- Visiting Nurse Association 800-938-4748
- Zufall Health Clinic

Dover • 973-328-3344/ Morristown • 973-267-0002/ Hackettstown • 908-850-7616

- 973-740-0234
- 908-522-5757
- 800-931-2237
- 201-528-3398
- 800-736-3739

FOOD

- 973-538-8049
- 973-532-2706
- 973-326-7800
- Project Kind 973-476-8982
- 973-285-6858

CLOTHING (and low-cost furnishings)

- Dress for Success
- 973-538-0427

EATING DISORDERS

Center for Treatment of Eating Disorders Eating Disorders Program at Atlantic Health Systems (ages 12-21) National Eating Disorders Association Helpline (I&R) Overeaters Anonymous Info. Line Renfrew Center of Northern NJ

DAYTIME RESOURCE CENTERS

Our Promise, 973-644-0100 Edna's Haven/Trinity Lutheran Church 973-334-3496/973-366-2821

Nourish, NJ, 973-267-0709 Interfaith Food Pantry Morris County Meals on Wheels (Red Cross) Morris County Office of Temporary Assistance, Morristown Office Trinity Lutheran Church, Faith Kitchen 973-366-2821 (also contact local welfare offices and churches) Table of Hope, 973-998-9330 Morris County Home Delivered Meals

973-822-3188 (clothing for those entering or re-entering the job market - female only) Market Street Mission, Thrift Store Salvation Army Thrift Store 973-366-6626 / Dover • 800-728-7825

Morris Habitat for Humanity ReStore 973-366-3358

SHELTER

- *Cannot gain access to below services directly. Must contact 211 first!!!
- Homeless Solutions, Morristown 973-993-0900
- Family Promise of Morris County 973-998-0820
- Market Street Mission, 973-538-0431 (males only)
- Morris County Homeless Prevention Hotline, 800-640-9783
- Jersey Battered Women's Service Emergency Shelter: 24-hour Helpline and Referral, 877-782-2873; TTY 973-314-4192; Admin office, 973-267-7520

SPECIAL NEEDS HOUSING

- Community Hope, 973-463-9600 (veterans and mentally ill)
- Morris County Division on Aging, Disabilities & Veterans 800-564-4656 or 877-222-3737
- NewBridge Services, 973-316-9333 (mentally ill)
- Saint Clare's Behavioral Health (CSS), 973-298-8642 (mentally ill)
- Mental Health Association's Community Support Services (CSS) program, 973-334-3496

HOUSING/RENTAL ASSISTANCE

- Fair Housing & Assistance Program of the Urban League 973-539-2121 (tenant-landlord problems, housing discrimination)
- Housing Authority of Boonton 973-335-0846/Dover • 973-361-9444/Madison • 973-377-0258/ Morris County • 973-540-0389/ Morristown • 973-538-6343/ Rockaway • 973-328-3330
- Navigating Hope, 973-829-8220
- NJ Deptartment of Community Affairs: Morris/Warren/Sussex • 973-627-3396
- Office of Temporary Assistance, 973-326-7800
- NORWESCAP Homeless Prevention Program 908-454-7000, ext. 118
- Mental Health Association's PATH program, 973-334-3496

CASE MANAGEMENT SERVICES

- Aging & Disabilities Resource Center 973-285-6848
- Mental Health Association (ICMS Services in Passaic County) 973-420-3142/

Morris County, 973-334-3496

- Family Promise, 973-998-0820
- Edge (For HIV-AIDS), 973-285-0006
- Housing Partnership for Morris County 973-659-9222 (affordable) apartment quide)
- NJ Division of Family Development, Trenton, 800-792-9773
- NJ Department of Human Services/Division of Family Development (Work First NJ, TANF, NJ SNAP, General Assistance, and other benefits) 800-792-9773
- Office of Temporary Assistance Morris County (OTA), 973-326-7800

VOCATIONAL

- Career Connections Employment Resource Institute 973-571-4100 (employment assistance)
- Consumer Connections, Verona 800-367-8850 (prepares consumers) for positions in mental health field)
- Division of Vocational Rehabilitation 609-292-5987
- Employment Horizons 973-538-8822 (disabled)
- Equal Employment Opportunity Commission, Newark 973-645-6385 (discrimination in the workplace)
- Morris County Employment and Training Services 800-870-3478 or 973-285-6880 (One Stop Career Center)
- New Jersey Work Incentive Network Support (NJWINS) 973-244-0850 x309
- Saint Clare's L.E.A.R.N. (Learning Enhancement & Resource Network) 973-625-7045
- Saint Clare's Supported Employment, 973-625-7097
- Volunteer Management Center 973-538-7200 (volunteer opportunities I&R)

FINANCIAL

- The Advocacy Alliance (Representative Payee) 570-342-7762
- Consumer Credit Counseling 888-726-3260
- Lifeline 800-792-9745 (utility assistance)
- Morris County Office of Temporary Assistance Dover • 973-326-7860/ Morristown • 973-326-7800
- Morris County Organization for Hispanic Affairs, Home Energy Assistance Program 973-366-1131 (for low-income, disabled, or elderly who do not receive TANF, food stamps, or SSI)

- 800-772-1213

- 973-643-3876
- Caring Partners
- Child Find

- 973-940-3194

- 973-285-2959
- 973-285-6850
- 973-729-3617
- 845-893-8250
- 800-950-6264

- 877-543-7864
- Parents Anonymous
- NewBridge Services

NJ Shares Energy Assistance Regional Office, Dover/Morristown 866-657-4273 (non-welfare utility customers who have exhausted other resources; must be cut off or have cut off notice)

Social Security Administration

ELDERCARE SERVICES

Alzheimer's Association, 973-586-4300

FAMILIES & YOUTH AT RISK

Advocates for Children of NJ Legal Resource Center 973-770-5505 (care management organization) NJ Child Abuse Hotline, 877-652-2873 800-426-5678 (child investigation and location services) Perform Care, 877-652-7624 Cult Information Service, 201-833-1212 Family Intervention Services, 973-586-5243 Family Partners of Morris/Sussex Cornerstone Family Programs, 973-538-5260 Jersey Battered Women's Service, 973-267-4763 Morris County Juvenile Detention Center Morris County Youth Services Coordinator Morris-Sussex Youth Advocate Program National Alliance on Mental Illness of Morris County National Alliance on Mental Illness Helpline NewBridge Multi-Family Support Group 973-839-2521 x462 (family members and consumers) NJ Child Protection & Permanency (East - 973-829-3600; West - 973-927-0931) • Office of Advocacy (Department of Children and Families) 800-843-5437 (distress line) 973-316-9333 or 888-746-9333

- Saint Clare's Intensive Family Support Services 973-625-7095
- TeenPride Teen Center, (Morristown/Morris Plains/Morris Township) 973-993-1699
- Traumatic Loss Coalition 973-686-2228
- Visions & Pathways, 908-526-6605

VETERANS

- Veterans Services Coordinator, Morris County Department of Human Service 973-285-6866
- Lyons VA Medical Center 908-647-0180
- NJ Vet2Vet, 866-838-7654
- Community Hope 973-463-9600 (veterans and mentally ill)
- Cornerstone Family Programs Senior Programs 973-538-5260, ext. 227
- Cornerstone Services for Veterans/Operation Sisterhood 973-288-9241
- Hope House 973-361-5555 or 800-213-4967
- Parsippany Office on Aging 973-263-7351
- NewBridge Services' SAIL (Senior Assistance for Independent Living) 973-839-2520/888-746-9333
- Newark Beth Israel Geriatric Assessment Program 973-926-8491
- MHA Veterans Program, 973-334-3496

SELF-HELP/SOCIAL/RECREATIONAL

- Boonton, Dover and Morris Social Clubs, MHA 973-334-3496 x518 or x514
- Coalition of Mental Health Consumer Organizations (COMHCO) 973-778-8810
- Collaborative Support Programs of New Jersey (CSPNJ) 973-340-2346 (consumer-run organization)
- Morris Community Wellness Center 973-334-2470
- Peer-to-Peer Support Lines 877-760-4987, 866-445-3902 or 800-381-2059 (staffed 5-10 pm by consumers)
- Social Clubs (Mental Health Association) 973-334-3496 x514

- Caregivers Coalition 973-993-1160 x534
- Community Companions Program (Mental Health Association) 973-334-3496
- Consumer Advocacy Program (Mental Health Association) 973-334-3496
- Depression & Bipolar Support Alliance (DBSA), Morristown 973-994-1143; Succasunna • 973-931-3602

TRANSPORTATION

- Access Link, 973-491-4224 (TTY 800-772-2287) (disabled persons unableto board and ride regular NJ transit buses)
- Colonial Coach, 973-292-6670
- Community Rides, 973-334-3496 x514
- Dial-A-Ride, Dover 973-366-8502/NE Region 973-835-8885/ Jefferson Twp. • 973-208-6123 Butler, Lincoln Park, Kinnelon, Pequannock and Riverdale, use 973-835-8885
- MAPS Morris Area Paratransit System 973-829-8103/888-282-6277
- ModivCare Medical Transportation, 866-527-9933
- Morris County Organization for Hispanic Affairs 973-366-4770 (Dover)/973-644-4884 (Morristown)
- NJ Transit Bus & Rail Information, 973-275-5555
- NJ Transit Reduced Fare Card 973-467-7600 (62+ or disabled without Medicare card)
- Parsippany Transit System, 973-263-7352
- TransOptions 973-267-7600 (ride-sharing and emergency rides home twice a year)
- Getting to Work (GTW), 609-468-7420

LEGAL & ADVOCACY

- Adult Protective Services, 973-326-7282 (for complaints against boarding homes/rooming houses/and in cases of abuse/neglect)
- Disability Rights of New Jersey, 800-922-7233 (individuals with mental) illness institutionalized within the last 90 days)
- Legal Services of NJ, Hotline, 888-576-5529 (information and advice for low income residents)
- Legal Services of Northwest Jersey, 973-285-6911 (civil matters for low low income residents)
- Mental Health Association Criminal Justice Services (CJS) 973-334-3496 x750
- Morris County Bar Association, Lawyer Referral Service 973-267-6089
- Morris County Mental Health Administrator 973-285-6852 (systems complaints)
- NJ Office of the Public Defender, Trenton

- 732-940-0991
- 908-575-8300

STATE HOSPITAL TRANSFERS

609-292-1780 (mental health and guardianship advocacy) National Alliance on Mental Illness, North Brunswick

Planned Lifetime Assistance Network (PLAN NJ), Somerville

Community Health Law Project (CHLP), 973-275-1175

To transfer a patient to a NJ hospital, call the Division of Mental Health Services Interstate Compacts Information number at 609-777-0700



MENTAL HEALTH ASSOCIATION

1160 Parsippany Boulevard Parsippany, NJ 07054 Tel: 973-334-3496 Fax: 973-334-4920 E-Mail: info@mhainspire.org www.mhainspire.org

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